

Autism Toolkit

for Newly Diagnosed Families
in
Southeast Ohio



Just Diagnosed?

Here's a Starter Guide to Healing your Child



10 West Overlook Drive * Zanesville, Ohio 43701
www.naaseo.org * 614-580-3699

1. Educate Yourself on Autism: Read, Read, & Read

Online Resources

www.nationalautismassociation.org

www.naaseo.org

www.generationrescue.org

www.tacanow.org

www.stopcallingitautism.org

www.autism.com

Books

- Healing Our Autistic Children: A Medical Plan for Restoring Your Child's Health by Julie A. Buckley and Jenny McCarthy
- Healing and Preventing Autism: A Complete Guide by Jenny McCarthy and Dr. Jerry Kartzinel
- Autism Spectrum Disorders: The Complete Guide to Understanding Autism, Asperger's Syndrome, Pervasive Developmental Disorder, and Other ASDs by Chantal Sicile-Kira

(If you don't have access to a computer or the library you can borrow from our lending library. Call Shannon at 614-580-3699.)

2. Make contact with your local organizations

- NAA-SEO : National Autism Association of Southeast Ohio- www.naaseo.org, 614-580-3699



- Get the local support group and social skills group schedule
- Apply for local grants through the NAA-SEO

- **CAN Grant-**

\$1000 grant to use with a DAN! Doctor for biomedical treatments.

- **Pieces to the Puzzle Grant-** \$500 non-specific grant to use for the needs of the individual



- Download applications at <http://www.naaseo.org/help-for-families/>

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- Local Ohio Developmental Disabilities Boards-
 - Request a face to face intake meeting
 - Get on the waiting list for a Level 1 waiver and the IO waiver.
 - Apply for Medicaid and/or family support services

Perry Co DD
740-342-0416

Muskingum Co. DD
740-453-4829

Guernsey Co. DD
740-439-1371

Morgan Co. DD
740-622-2032

Coshocton Co. DD
740-349-6588

Licking Co. DD

3. Find a DAN! (Defeat Autism Now) Doctor

You wouldn't go to a brain surgeon to fix a broken arm, so don't take your child with autism to a doctor that doesn't know anything about autism.

- **Dr. Allen Lewis MD, FAAP**

Integrative Pediatrics of Ohio, www.integrativepediatricsofohio.com
1090 Beecher Crossing N, Gahanna, OH 43230-4566
614-245-4750

- **Dr. Cheryl Leuthauser, DO**

Integrative Wellcare
www.integrativewellcare.com
4003 Broadview Rd, Richfield, Ohio
330-659-2320

(If you do not already have a diagnosis you should try and get a diagnosis from a clinic such as, Nationwide Children's Hospital-Center for Autism Spectrum Disorders, 187 W. Shrock Rd, Westerville, Ohio 43081, 614-355-8315 or The Ohio State Nisonger Center- <http://nisonger.osu.edu/asd> , McCampbell Hall, Rm 315, 1581 Dodd Drive, Columbus, Ohio 43210, Tel: 614-247-7190)

4. Start the Gluten free/ Casein Free diet

- Helpful Websites:
 - www.tacanow.org/tag/gfcf
 - www.pecanbread.com
 - www.livingwithout.com

5. Autism Safety

- www.awaare.org 
Autism and Wandering information, Resources, and Safety materials ,
and the *The Big Red Safety Box grants*



- Contact your local Sheriff's office and Area Agencies on Aging regarding *Project Lifesaver-* a tracking device used to prevent wandering related injuries and deaths.

Perry Co
AAA-8
740-373-6400

Muskingum Co.
Cptn. Jeff Lecocq
740-452-3637 x123

Guernsey Co.
Jeff Eshbaugh
740-439-4455

Morgan Co.
AAA-8
740-373-6400

Coshocton Co.
Charlie George
740-622-2411 x1328

Licking Co.
Tom Caldwell
740-670-5535

6. Other Local Organizations

- Carr Center



A non-profit organization, in Zanesville, that offers all kinds of therapies and services to individuals with and without disabilities

<http://www.carrcenter.org/programs.htm>

1035 Beverly Avenue, Zanesville, Ohio 43701
740-453-5417

- **Muskingum County Starlight Program**

County organization providing services to individuals with developmental disabilities in Muskingum County including early intervention programs, school age programs, and work programs for older individuals.

1304 Newark Road, Zanesville, Ohio 43701,

Tel.740-453-4829 <http://www.muskingumstarlight.org/index.php>

- **Thompkins Child and Adolescent Services**

Thompkins Child and Adolescent Services, Inc. is a private, non-profit comprehensive mental and behavioral healthcare agency that serves the emotional and behavioral needs of youth ages 2 through 18 since 1982. They also offer a social skills group for teens on the spectrum. They have locations in Zanesville, New Lex, Cambridge and Coshocton.

www.thompkinstreatment.org

740-454-0738



- **School Programs**

- **Muskingum Valley Educational Services Center**

- Muskingum County: Little Feats/Big Leaps/First Friends Program

<http://www.mvesc.k12.oh.us/106>

205 N. 7th St, Zanesville, Ohio 43701

740-452-4518

- Perry County: Leaps and Bounds Program

Contact: Michelle Unger, 740-343-0680

<http://www.perryhockingsc.org/vnews/display.v/ART/47d808ecd7633>